

© Dmitry Bochkov

THE DREAMER WITHOUT A DREAM: THE PATTERNS OF DISPLACED LOCALIZATION OF SUBJECTIVITY IN SOMATIC PATIENTS (BASED ON THE COVID-19 PANDEMIC)

In recent years, one of the most striking manifestations of public interest in the topic of dreams on the part of so-called modern cultures has been COVID dreams which dreamers consider to be significantly different from their usual oneiric patterns. Dreamers themselves, as well as dream social researchers, attribute these changes which became widespread during the COVID-19 pandemic, both to increased manifestations of stress and anxiety due to social restrictions and quarantine measures, and to the direct effect of the virus on brain activity. The author identifies the latter as a key characteristic of COVID dreams and the numerous stories that appeared in mass media, social networks and dream blogs in the early 2020s, and concludes that social situations of dream sharing facilitate social identification but implicitly shift the locus of subjectivity of the dreamer. Thus, the corona-infected dreamer and dream-teller find themselves in a paradoxical position in which their own dream does not fully belong to them.

Keywords: anthropology of dreams, dream sharing, COVID dreams, subjectivity, virus

Author Info: Bochkov, Dmitry A.—Post-Graduate Student, the Russian Academy of Sciences N. N. Miklouho-Maklay Institute of Ethnology and Anthropology (Moscow, Russian Federation). E-mail: dimitr.bochkov@gmail.com ORCID ID: <https://orcid.org/0000-0003-3228-0708>

For Citation: Bochkov, D. A. 2023. The Dreamer Without a Dream: The Patterns of Displaced Localization of Subjectivity in Somatic Patients (Based on the COVID-19 Pandemic). *Herald of Anthropology (Vestnik Antropologii)* 4: 207–216.

Funding: The study was carried out as a part of the research plan of the Russian Academy of Sciences N. N. Miklouho-Maklay Institute of Ethnology and Anthropology.

References

- Bakó, T. and K. Zana. 2023. *Psychoanalysis, COVID and Mass Trauma: The Trauma of Reality*. New York: Routledge. 201 p.
- Barrett, D. 2020. *Pandemic Dreams*. Oneiroi Press. 87 p.
- Batyanova, E. P. 2006. O snakh shamanistov (po materialam polevykh issledovanii 1970–2000-e gody) [On Dreams of the Shamans (Based on Field Research Data of 1970–2000)]. *Etnograficheskoe obozrenie* 6: 53–61.
- Beradt, C. 1968. *The Third Reich of Dreams*. New York: Quadrangle books. 177 p.
- Devereux, G. 1951. *Reality and Dream; Psychotherapy of a Plains Indian*. New York: International Universities Press. 450 p.
- Giovanardi, G. et.al. 2022. Lockdown Dreams: Dream Content and Emotions During the COVID-19 Pandemic in an Italian Sample. *Psychoanalytic Psychology* 39(2): 1–16. <https://doi.org/10.1037/pap0000385>
- Goleva, T. G. 2015. Son i snovideniya v traditsionnoi kul'ture komi-permyakov [Sleep and Dreams in the Traditional Komi-Permyak Culture]. *Vestnik Permskogo federal'nogo issledovatel'skogo centra* 4: 54–63.

- Guattari, F. and B. Glovchevski. 2007. Val'piri [Warlpiri]. *Filosofsko-antropologicheskie issledovaniya* 1: 136–143.
- Kohn, E. 2018. *Kak myslyat lesa: k antropologii po tu storonu cheloveka* [How Forests Think: Toward an Anthropology Beyond the Human]. Moscow: Ad Marginem. 344 p.
- Lahire, B. 2020. *The Sociological Interpretation of Dreams*. Cambridge, Medford: Polity. 450 p.
- Lazareva, A. A. 2020. *Tolkovanie snovidenii v narodnoi kul'ture* [Dream Interpretation in the Folk Culture]. Moscow: Rossijskij gosudarstvennyj gumanitarnyj universitet, 2020. 257 p.
- Marogna, C., E. Montanari, S. Contiero and K. Lleshi. 2021. Dreaming During COVID-19: The Effects of a World Trauma. *Research in Psychotherapy: Psychopathology, Process, and Outcome* 24(2): 188–199.
- Moldanova, T. A. 2006. Snovideniya v kul'ture hantov [Dreams in the Khanty culture]. *Etnograficheskoe obozrenie* 6: 38–47.
- Nations, M. 2013. Dead-baby Dreams, Transfiguration and Recovery from Infant Death Trauma in Northeast Brazil. *Transcultural Psychiatry* 50(5): 662–682. <https://doi.org/10.1177/1363461513497501>
- Newsom, M. D. 2021. Identity and Memory in Germany. In *New Directions in the Anthropology of Dreaming*, ed. by J. Mageo, R. E. Sheriff. New York: Routledge. 72–93.
- Paperno, I. A. 2021. *Sovetskaya epoha v memuarah, dnevnikah, snakh: opyt chteniiia* [Stories of the Soviet Experience: Memoirs, Diaries, Dreams]. Moscow: Novoe Literaturnoe Obozrenie. 320 p.
- Riazuelo H. 2003. À quoi rêvent les femmes enceintes? *Champ psychosomatique* 31(3): 99–115.
- Sadova, T. S. 2021. Etimologicheskaya magiya v ustnykh snorasskazakh i snogadaniakh [The Etymological Magic in Oral Dream Narratives and Dream Interpretation]. In *Antropoliya snovidenij* [The Dream Anthropology], ed. by A.A. Lazareva. Moscow: Rossijskij gosudarstvennyj gumanitarnyj universitet. 89–95.
- Scarpelli, S. et al. 2022. Nightmares in People with COVID-19: Did Coronavirus Infect Our Dreams? *Nature and Science of Sleep* 31(4): 93–108. <https://doi.org/10.2147/NSS.S344299>
- Šćepanović, S., M. Aiello, D. Barrett and D. Quercia. Epidemic Dreams: Dreaming about Health During the COVID-19 Pandemic. *Royal Society Open Science* 9(1): 211080. <https://doi.org/10.1098/rsos.211080>
- Sheriff, T. 2021. The Anthropology of Dreaming in Historical Perspective. In *New Directions in the Anthropology of Dreaming*, ed. by J. Mageo, R. E. Sheriff. New York: Routledge. 23–51.
- Siyukhova, A. M. 2012. Nochnye snovideniya kak istochnik etnicheskoy sistemy simvolov (na primere kul'tury adygov) [Night Dreams as a Source of Ethnic Symbol System (on the Example of Adyghe Culture)]. *Observatoriya kul'tury* 6: 72–81.
- Stewart, C. 2004. Introduction: Dreaming as an Object of Anthropological Analysis. *Dreaming* 14(2–3): 75–82. <https://doi.org/10.1037/1053-0797.14.2-3.75>
- Tedlock, B. 2001. The New Anthropology of Dreaming. In *Dreams: A reader on Religious, Cultural, and Psychological Dimensions of Dreaming*, ed. by K. Bulkeley. New York: Palgrave Macmillan. 249–264.
- Tobón, M. 2015. Dreams as Ethnographic Tools. *Revista de Antropología Iberoamericana* 10(3): 332–352.
- Tremlett, P. F. 2008. Anthropology, Dreams, Epistemology: A Response to Wilson. *Anthropology Today* 24(6): 27–29. <https://www.jstor.org/stable/20179971>
- Tyukhteneva, S. P. 2006. Zemlya moego snovideniya [Land of my Dream]. *Etnograficheskoe obozrenie* 6: 31–37.
- Voldina, T. V. 2015. O metodologicheskikh vozmozhnostyakh izuchenii ritual'nykh praktik s opori na issledovaniia S. Krippnera v oblasti antropologii soznaniia [About Methodological Opportunities to Study the Ritual Practices Based on Research by S. Krippner in Anthropology of Consciousness]. *Vestnik ugrovedeniya* 21(2): 97–111.
- Wax, M. L. 2004. Dream Sharing as Social Practice. *Dreaming* 14(2–3): 83–93. <https://doi.org/10.1037/1053-0797.14.2-3.83>
- Yarlykapov, A. A. 2006. Sny etnografa (opyt avtoetnograficheskogo issledovaniia) [Ethnographer's Dreams (The Autoethnographic Research)]. *Etnograficheskoe obozrenie* 6: 48–52.